

## PAYMENT DETAILS

We wish to pay \$\_\_\_\_\_ by:

Cheque/Money Order  
(Make Payable to Centacare)

Mastercard       Visa

Card Number:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Cardholder's Name (as it appears on the card):  
\_\_\_\_\_

Expiry Date:

--	--	--	--	--

CCV:

--	--	--

Signature: \_\_\_\_\_

Cost: \$310 per couple

- Fee is subject to change without notice.
- Concessions available (e.g. Health Care Card)  
- please contact Centacare for details.

**Forward Payment and Registration Form  
to the Centacare Office you wish to attend  
marked 'Course Coordinator'  
(addresses are on the back of this brochure)**

Centacare Family & Relationship Services is a Marriage and Relationship Education Agency supported by the Archdiocese of Brisbane and through fees and donations. All facilitators are trained in Marriage and Relationship Education.

For more information about our courses  
please phone or visit our website:  
[www.centacarebrisbane.net.au](http://www.centacarebrisbane.net.au)

## Our vision

Communities will be built on justice and transformed through faith, hope and love

## Mission Statement

To provide high quality care services to support people, strengthen families and build communities in the spirit of the Gospel

## Values

Respect for the dignity of the individual  
Integrity in the delivery of our care services  
Equity and justice for those we support

1300 CENTACARE (1300 236 822)  
[www.centacarebrisbane.net.au](http://www.centacarebrisbane.net.au)

### BRISBANE

58 Morgan Street (PO Box 289)  
Fortitude Valley Qld 4006  
P: 07 3251 5000

E: [cfrs.fvadmin@bne.centacare.net.au](mailto:cfrs.fvadmin@bne.centacare.net.au)

### GOLD COAST

50 Fairway Drive, Clear Island Waters Qld 4226  
P: 07 5527 7211

E: [cfrs.cgc@bne.centacare.net.au](mailto:cfrs.cgc@bne.centacare.net.au)

### SUNSHINE COAST

Bernard House - 21 Cornmeal Parade (PO Box 5350)  
Maroochydore Qld 4558  
P: 07 5430 9300

E: [cfrs.sunshinecoast@bne.centacare.net.au](mailto:cfrs.sunshinecoast@bne.centacare.net.au)

### FRASER COAST

(Hervey Bay and Maryborough)  
P: 07 4194 0172

E: [ccs.fccounselling@bne.centacare.net.au](mailto:ccs.fccounselling@bne.centacare.net.au)

# FOCCUS

## PRE-MARRIAGE EDUCATION



FACILITATED OPEN  
COUPLE  
COMMUNICATION  
UNDERSTANDING STUDY

 **centacare**  
catholic support services. providing help. creating hope.

family & relationship services

community services

# FOCCUS (FACILITATED OPEN COUPLE COMMUNICATION UNDERSTANDING STUDY)

THE FOCCUS Program involves:

- the couple and an accredited facilitator, exploring their relationship and affirming their decision to marry
- three one hour private sessions over a period of three weeks
- must be completed a minimum of two months before the wedding
- cost \$310 per couple.

## How the FOCCUS program works

The program enables the couple, with the help of a trained facilitator, to explore pertinent issues relating to marriage. This involves asking each person to respond to a comprehensive set of statements. By comparing responses, strengths and areas for growth are highlighted and discussed in feedback sessions.

- FOCCUS is not a test that a couple can pass or fail.
- FOCCUS is a Pre Marriage Education program and is not counselling.
- The FOCCUS Program is confidential.

## Why FOCCUS? It's planning for your marriage, not just your wedding

Marriage is good for you! Healthy marriages are good for your physical and emotional health and wellbeing, your finances, your career, your children and for society as a whole. However, love in itself is not enough to overcome the inevitable rough patches that all marriages encounter.

Research suggests that shared expectations of marriage, and skills and strategies discussed and practiced during Pre-Marriage Education courses can assist marriages to thrive. FOCCUS was developed to concentrate on the areas that a couple consider important for discussion and reflection prior to their marriage.

## Who would benefit from FOCCUS?

- Any couple in a committed relationship.
- Couples considering becoming engaged.
- Couples preparing for marriage.

## Suggested Areas for Discussion

Couple match regarding:

- life style expectations
- friends and interests
- personality match
- personal issues.

Basic skills:

- communication
- decision making
- problem solving.

Significant issues:

- spirituality and values
- parenting
- extended family issues
- sexuality
- finance.

Special issues:

- inter-faith marriage
- second marriage
- cohabitation.

## Venues and Times

- Sessions are held at Fortitude Valley (Brisbane), on the Gold Coast, the Sunshine Coast and the Fraser Coast during office hours.
- Please book early as session times are filled well in advance.
- Some strictly limited after hours sessions are available.
- No sessions are available on weekends.

## What Couples Say

"The course exceeded my expectations. Thoughtful, relevant and respectful." (M)

"The facilitator provided a warm environment to work through our course. Would recommend to any couple." (F)

"I was very apprehensive about attending, but after the first session felt very at ease. Great conversation starter, a very worthwhile experience." (M)

"The relaxed atmosphere and ability to openly discuss topics was great." (F)

"Thoroughly appreciated and respected the facilitator's knowledge and expertise in the field of relationships. I found the FOCCUS course very beneficial for our relationship." (M)

"There were several aspects of marriage that we never went into in depth or had the opportunity on our own, but were able to through this course." (F)

# CONFIDENTIAL

Please use this form to book for the FOCCUS Course  
NO BOOKINGS ARE TAKEN BY PHONE

FEMALE Name: \_\_\_\_\_  
(NB: This name will appear on your certificate.)

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone(b/h): \_\_\_\_\_ Phone(a/h): \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

Country of Birth: \_\_\_\_\_

Religious Preference: \_\_\_\_\_ DOB: \_\_\_\_\_

Is this your first marriage? \_\_\_\_\_

MALE Name: \_\_\_\_\_  
(NB: This name will appear on your certificate.)

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone(b/h): \_\_\_\_\_ Phone(a/h): \_\_\_\_\_

Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

Country of Birth: \_\_\_\_\_

Religious Preference: \_\_\_\_\_ DOB: \_\_\_\_\_

Is this your first marriage? \_\_\_\_\_

Referred by: Self Family Friend Minister  
(please circle) Civil Celebrant Advertising

Date of Marriage: \_\_\_\_\_

Celebrant's Name: \_\_\_\_\_

Celebrant's Address (in full): \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Please circle the phone number you would prefer us to use during office hours.  
Please contact our office if you have any special needs, e.g. injury, disability, pregnancy, hearing, vision, language etc.

